Finding New Interests

Click the buttons below to find the resource!

- Perler Beads
- Geocaching
- Origami
- Healthy Habits: Smoothies

Additional Resources

- **Finding Hobbies as an Adult**
  - Article at Bustle on tips for how to find a hobby for those adults who don’t know where to start.

- **Hobby Help**
  - A collection of 101 different hobbies you can try.

- **Be Inspired**
  - Youtube video by Lavendaire talking about finding inspiration. Tips for when you’re feeling uninspired or in a rut.
Finding New Interests

Perler Beads and Geocaching

Show your creativity with a little splash of color

Let's go on an adventure with Geocaching
Finding New Interests
Origami and Making Shakes

Folding paper has never been so mindful

Finding a way to be healthy while being creative