Friday Letter: March 6, 2020

This past week, we started the week with Career Days on Monday and Tuesday during Tutorial with 35 to 40 speakers here each day. This event could not have happened without the support and hard work from the PTSO - thank you! In addition, today the Guidance team went to Redwood Middle School to meet with future Saratoga High School Freshmen and collect their course requests.

Tonight, due to concerns about the COVID-19 virus, the Band Concert and Comedy Sportz events have been cancelled. In addition, Saturday’s Spring Orchestra Concert has been cancelled. The details regarding COVID-19 are ever changing and as we receive more information over the weekend and through next week, and as circumstances change, we may announce cancellation of other events. In the meantime, we remain optimistic that COVID-19 will be contained and controlled sooner than later.

With that in mind, next week, March Madness begins at lunch with the intramural basketball competition among various student teams. In addition, there will be the Sports Boosters meeting Monday night, Campus Tours for curious incoming families on Wednesday, the General PTSO meeting and Parent Teas on Thursday, and Club Rush at Lunch on Friday.

Here’s an overview for next week:

**Saturday, March 7**
- Varsity Softball vs. Alumni, 1pm
- CANCELLED: Spring Orchestra Concert

**Monday, March 9: (BLUE Day)**
- March Madness Lunch time activity begins
- Tutoring Center open (2:15pm-5pm)
- Men’s Golf vs. Los Altos HS, 3:30pm
- Softball vs. Santa Cruz HS, JV 4pm/V 6pm
- Sports Boosters Meeting, 6:30pm, Team Room
- Men’s Varsity Lacrosse at Woodside HS, 7pm

**Tuesday, March 10: (RED Day)**
- Men’s Golf vs. Cupertino HS, 3:30pm
- Tutoring Center open (3:45pm-5pm)
- Badminton at Monta Vista HS, 3:45pm
- Men’s JV Tennis vs. Cupertino HS, 4pm
- Men’s V Tennis at Cupertino HS, 4pm
- Varsity Softball vs. Notre Dame, 4pm
- JV Softball vs. Prospect HS, 6pm
- LGSUHSD Board Meeting, 5:30pm (Los Gatos HS Library)
- Men’s Varsity Lacrosse at Carlmont HS, 7pm

**Wednesday, March 11: (BLUE Day)**
- Campus Tour for New Families, 8:30am-9:45am
- Tutoring Center open (2:15pm-5pm)
- Men’s Volleyball vs. Wilcox HS, JV 5:30pm/V 6:45pm
- Women’s Varsity Lacrosse vs. Leland HS, 7pm

**Thursday, March 12: (RED Day)**
- General PTSO Meeting, 8:30am (Cafeteria)
COVID-19 Update
As stated above, details about COVID-19 are ever changing. The Los Gatos-Saratoga Union High School District and therefore Saratoga High School will always abide by the recommendations and requirements made by the Santa Clara County Office of Education, the Santa Clara County Public Health Department, and the Centers for Disease Control.

As a reminder, students and staff are highly recommended to wash hands frequently for at least 20 seconds, use hand sanitizer when soap is not available, and avoid touching your face, eyes, nose, and ears. In addition, if you feel under the weather, please stay home. It appears those who have compromised immune systems are more susceptible to suffering from COVID-19.

To ensure our school facilities are as clean as possible, our Maintenance Team is wiping down all light switches, door knobs, and high traffic touch areas. We are also developing a protocol to wipe down desktops and chairs and practices where students will be asked to wash or sanitize their hands when they enter or leave a room. Unfortunately, as we all know, supplies are limited and since we are a school facility, we have to monitor the type of cleaning products being used so that we are not making ill our students and staff who are sensitive to various chemicals. If families want to donate hand sanitizer or cleaning wipes, please feel free to drop off items at the main office or at the PTSO meeting on Thursday, March 12.

Lastly, if families begin to feel voluntary quarantine is essential to the safety and well-being of the family, or if students have been mandated to quarantine, we ask that you notify the Attendance Office as soon as possible. As a District, we are finalizing the methods for which remote learning can be offered to our students who are under quarantine.

As we learn more about this virus and its effect on our community, the Superintendent’s Office and I will continue to send notice to students, staff, and families. Thank you for your support, cooperation, and patience during this health crisis.
SHS TV March 6 Episode
Here is the most recent episode of the SHS TV Broadcast for March 6.

Saratoga Quiz Bowl Success!
Last Saturday, the Saratoga Quiz Bowl teams competed in the California Cup #3 Tournament at Evergreen Valley High School. Our Saratoga A Competitive division team with Jeffrey Ma (12), Grant Chen (12), Rohan Kumar (11), and Jason Hong (12) placed 2nd. The Saratoga B team with Shivam Mani (12), Alvin Liu (12), Ryan Le (12), and Bora Alaybeyi (10), placed 2nd in the Standard division. The Saratoga C Standard team with William Yin (11), Dhruv Singh (10), Winston Liu (11), and Christine Zhang (11) and the Saratoga D Novice team with Anthony Wang (9), Nilay Mishra (9), Aarav Naveen (11), and Konark Navare (9) also performed very well, with Saratoga D placing 3rd.

Parent Teas: March 12
It’s a busy time of year, but the SHS Administrators want to connect. Our next Parent Tea will be March 12 from 10:30-11:30am in the Community Room (near Cafeteria). This is intended to be a casual conversation to help build community and help demystify high school for our parents. Please join us and bring your questions!

Volunteers NEEDED: Vasona Boat Launch, March 14
The Vasona Boat Launch and set-up will run Saturday, March 14th. Two shifts have been created: 9:00am-1:00pm and 1:00pm-5:00pm. (lunch will be provided!). Saratoga students will need to sign up for the volunteer opportunities on their website just as they would for a course at: http://www.lgsrecreation.org/about-us/volunteer-opportunities/
This ensures that they have the insurance liability waiver on file for each student.

Sports Booster 2020 Falcon Fun Run: March 15
The Falcon Fun Run is taking place on Sunday, March 15. The sports boosters are offering a pizza party to a group that has 12 or more participants (team, class, friend group etc)
Come out and participate yourselves! Or come and cheer. The proceeds support SHS athletics. For more information here is the Falcon Fun Run flyer, the Falcon Fun Run Prize flyer, the Neighborhood Notification letter, and the Falcon Fun Run route map.
TEDxSaratoga High School, March 15
TEDxSaratogaHighSchool is right around the corner! It will be held March 15 at Saratoga High School in the Thermond Drama Center, from 4 to 6 PM. Tickets are $3 preorder and $5 at the door. There will be food and refreshments! Come out and listen to incredible speakers share their stories and advice with us! More information available at https://www.ted.com/tedx/events/36937.

Media Arts Program (MAP) Fundraiser, March 17
Media Arts Program (MAP): DINING FOR DOLLARS at Super Duper Burgers, Westgate Tuesday March 17th, 2020 - ALL DAY! Breakfast, Lunch, Dinner - make Super Duper Burgers at Westgate your destination for food so that proceeds go towards MAP at SHS. Friends, Family, Neighbors....bring them all....just let the cashier know it's for Saratoga High School.

RISE Club Speaker Series: “The World of Nanotech,” March 19
Raising Interest in Science and Engineering (RISE) Club will be hosting "The World of Nanotech," its 3rd annual speaker series, on Thursday, March 19th from 4:00 to 6:00 in the McAfee Center. Professionals in the field including researchers at Stanford University and San Jose State University will be presenting on new advances in the field. Ken Kapur from Thermo Fisher Scientific will be presenting on nanotech from a business perspective as well. If you are interested in learning more about the growing field of nanotechnology and materials science, come on over with your friends and family! There will be food, and several science teachers are planning on offering extra credit for attending!

SAVE THE DATE: “LIKE” showing, March 19
Saratoga High School, the SHS PTSO, and Redwood Middle School invite you to a showing of “LIKE,” a documentary about the impact of social media on the lives of our students and how the brain is affected by technology. “The goal of the film is to inspire us to self-regulate. It’s not about blame. It’s about looking in the mirror and empowering ourselves to create balance in our lives and to learn to be there for each other.” Here is a link to the LIKE website and the LIKE movie trailer if you would like to learn more. The video is about 90 minutes, beginning at 7pm in the McAfee. After the showing, we will host a panel discussion, featuring some of our students, staff, and community members. We hope you will join us.

Local Control and Accountability Plan (LCAP) Meeting, March 26
Please take a moment to share your feedback by completing our LGSUHSD LCAP Survey. Here is a the link to the LGSUHSD LCAP Survey in Mandarin. We also invite you to attend one of our upcoming LCAP Stakeholder Input sessions being held on March 25, from 6pm-7pm in the Los Gatos HS Library and March 26 from 6pm-7pm in the Saratoga HS Library.
Yearbook Sales

Each year a class of 35 students create a 300-plus-page, all-color Talisman yearbook that seeks to capture the events, teams, programs, and students at the school. The book is full of stories, photos, graphics, and captions that will have value for years to come. To guarantee your student receives a book, please order one soon. The cost is $100. You can do this in two ways:

1. bring a check made out to ‘Saratoga High School’ to the Activities Office, or;
2. use a credit card to order a book through the school's webstore

Spring Sports Updates

Here are the results of this past week. If your sport is not here, it is because I did not receive any details before sending this out. Please feel free to send scores, stats, and narrative to Greg Louie at glouie@lgsuhsd.org with the email title “For Friday Letter: ‘Toga Athletics.”

March 5:

- Men's Varsity Tennis beat Monta Vista (Cupertino) High School 4-3. Today, the team had solid results against last year's league winners. The scores were:
  - Stefan Meier vs Jeremy W 6-0 6-2 lost
  - Benjamin Bray vs Akshay S 6-1 6-1 win
  - Anthony Zheng vs Sid K 6-0 6-0 win
  - Ronit Pattanayak vs Dhanush R 6-0 6-1 win
  - Anay Koorapaty and Coen Poelmann vs Raj P and Chaitanya I 6-1 4-6 10-6 lost
  - Andrew Baek and Avyay Koorapaty vs Multk M and Minsoo K 6-2 7-6(4) win
  - Daniel Izrailevsky and Vignav Ramesh vs Nick Y and Cole H 6-2 6-4 lost

- Men's Varsity Lacrosse falls to Pioneer 6-5. The game against Pioneer was a rough game. Found out before the game that since we beat Pioneer twice last year, they consider us their "rivals" and were very fired up for this game. Again, the game started out well, with a 1-0 lead after the first quarter. And again, the 2nd quarter was our undoing, with mental lapses, a lack of energy, and not being able to take care of the ball - resulting in us giving up 3 goals, several while we were up a man. We picked up our intensity after half and fought to get back into the game, tying the game at 5 with a few minutes remaining. We had several unfortunate mental mistakes late, resulting in us giving up the final goal while down two men.

March 3:

- Men's Varsity Lacrosse falls to Hillsdale High School 12-7. Saratoga got off to a good start, leading 1-0 and tied 2-2, but didn't capitalize on several EMO opportunities and Hillsdale pulled away. Two goals by Tyler Prowse, Ed Greene, and one each by Chase Satterfield, Victor Nyden, and Alvaro Fernandez. Also, two assists by Chase Satterfield and one by Josh Roper.

- Men's Varsity Tennis falls to Gunn High School 5-2. It was a tough match and everyone was close. The scores were:
  - Stefan Meier vs Raghav Jangbahadur 6-1 6-0 lost
Benjamin Bray vs Ray Kawai 6-2 6-1 win
Anthony Zheng vs Evan Huyuh 6-3 6-2 win
Ronit Pattanayak vs Kunal Srivastava 6-3 6-3 10-5 lost
Anay Koorapaty and Coen Poelmann vs Ishan Balakrishnan and Leo Naddell 6-4 6-3 lost
Andrew Baek and Avyay Koorapaty vs Colin Chan and Bruno Naddell 6-0 6-4 10-2 lost
Vignav Ramesh and Daniel Izrailevsky vs Vishnu Srinivasan and Jules Lustiy 6-1 6-3 lost
Mithil Chakraborty and Preston Fu vs Bart Chu and Aoi Maeda 7-5 6-2 lost

March 2:
- Men’s Varsity Golf beat Palo Alto High School 185-210. The Falcons proved on Monday that they are the elite team to beat in the SCVAL. They beat perennial favorite Palo Alto 185 to 210 to improve to 4-0. Senior Kevin Sze led the team with a 35 and was followed by Howard Shu and Geoffrey Jing with 36’s. Michael Burry had 37, Albert Jing shot 41 along with Kelly Huesby with 42. The Falcons will play Los Altos next week at Saratoga CC.

Congratulations to Alexandre Wang
This is Alex at the 51st USA Archery Indoor Nationals. Over two days, each archer shot 600 arrows at a target 40cm in diameter 18 meters away. Alex competes in the Barebow Cadet Men division. Alex averages 7.03 per arrow. His final ranking is number 5 nationwide, and number 1 in California.

Tutoring Center Open After School
Our Tutoring Center is open Monday through Thursday until 5pm. Here is the schedule for next week.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/9/20: 2:15pm-5pm Supervisor: Ms. Barnes</td>
<td>3/10/20: 3:45pm-5pm Supervisor: Ms. Barnes</td>
<td>3/11/20: 2:15pm-5pm Supervisor: Ms. Barnes</td>
<td>3/12/20: 3:45pm-5pm Supervisor: Ms. Garg Tsing Bardin (Math/Physics)</td>
</tr>
</tbody>
</table>

Wellness Center Happenings from Ms. Barnes
We have been playing the GROK game on Friday’s. GROK means “to understand profoundly and intuitively”. This game helps us get in touch with our feelings and needs. Needs such as connection, understanding, to be seen, power in our world which can be met or unmet; depending on the situation at hand.
Last Friday, we looked at needs not met when blame takes place. Students found it helpful to look at situations through this framework. When we touch on the unmet need, it is easier to see the strategy that will meet this need.

![GROK](https://www.merriam-webster.com/dictionary/grok)

Today, we took the deck of Feeling cards, passed them out, and shared situations that we experienced the Feeling written on the card. Here were some of the feelings we talked about.

*https://www.merriam-webster.com/dictionary/grokh

FALCON’S NEST CAFE

Falcon's Nest special for the week of March 9th is "POTATO-NACHO BAR", for $5.00 each. Build a potato or nachos with veggie chili, diced chicken, cheese sauce, broccoli, sour cream, jalapenos, bacon bits, shredded cheddar, green onions, and salsa.

Build a salad from our "AMERICANA" themed salad bar. A large salad is $5.00 and small $4.00. Add a cup of diced chicken for $.75.