



Academic and Personal Support Services For Students and Parents

ACADEMIC RESOURCES

GUIDANCE COUNSELOR

The guidance counselor is most often the first point of contact for students or parents seeking guidance for personal, social, academic, college admission or career issues. Contact your counselor according to the list below.

<u>Grade Level</u>	<u>Student's Last Name</u>	<u>Guidance Counselor</u>
12	A – D	Ms. Cali
	E – K	Ms. Saiki
	L – R	Ms. Feizzadeh
	S – Z	Ms. Satake

11	A – F	Ms. Cali
	G - Ma	Ms. Saiki
	Mc – R	Ms. Feizzadeh
	S – Z	Ms. Satake

10	A – D	Ms. Cali
	E – K	Ms. Saiki
	L – R	Ms. Feizzadeh
	S – Z	Ms. Satake

9	A - F	Ms. Cali
	G – L	Ms. Saiki
	M - R	Ms. Feizzadeh
	S – Z	Ms. Satake

Contact Information:

Ms. Cali - x 206 ccali@lgsuhsd.org

Ms. Feizzadeh- x255 dfeizzadeh@lgsuhsd.org

Ms. Saiki – x 202 fsaiki@lgsuhsd.org

Ms. Satake – x 262 asatake@lgsuhsd.org

Saratoga High School
(408) 867-3411
www.saratogahigh.org

STUDENT STUDY TEAM (SST)

The SST is a collaborative meeting attended by the student and parent, school psychologist and guidance counselor as well as a teacher and administrator. The team reviews the student's history and current functioning. Recommendations are then made for interventions in order to support the at-risk student. **Referral is made through the guidance counselor.**

PERSONAL RESOURCES

ADOLESCENT THERAPIST

Judy Jackson, MFT, is available by appointment on-campus, at no cost, to provide short-term and crisis counseling, group support, mental health assessment, referral to outside agencies and information about the use of controlled substances. **Students or parents may self-refer for the above service.**

Judy Jackson - x 229 jjackson@lgsuhsd.org

COLLEGE AND CAREER CENTER (CCC) - x 248

http://www.saratogahigh.org/apps/pages/index.jsp?uREC_ID=66212&type=d&rn=8769899

The CCC is a resource center, in room X01, for students and parents seeking information and assistance in college and career exploration and planning. It is staffed by parent volunteers. Bonnie Sheikh, Coordinator - x 401

DISTRICT EDUCATIONAL ALTERNATIVES

See guidance counselor for information

College Advantage

Independent Study

Middle College

NOVA

SUMMER SCHOOL

Registration forms are available in April from the Guidance Office. A six-week session is offered for students who are deficient in credits for graduation. A limited number of enrichment courses are available.

HOTLINES

Al-Anon	(408) 379-1051
Alateen	(408) 379-9375
Alcoholics Anonymous	(800) 729-6686
Bill Wilson Family Counseling Center	(408) 243-0222
California Youth Crisis Line	(800) 843-5200
*Child Abuse Hotline – Santa Clara County	(408) 299-2071
*County Mental Health	(800) 704-0900
*Eastfield Ming Quang (EMQ)	(408) 379-9085
National Aids Hotline	(800) 342 2437
National Alcohol/Drug Helpline	(800) 662 4357
*Narcotics Anonymous	(408) 998-4200
*Parental Stress Hotline	(415) 441-5437
Planned Parenthood	(408) 287-7526
*Poison Control Center	(800) 876-4766
*Rape Hotline	(408) 287-3000
*Sexually Transmitted Disease Hotline (American Social Health Assoc.)	(800) 227-8922
*Suicide Hotline	(800) 784-2433
*Suicide & Crisis Hotline	(408) 279-3312
*Teen Hotline	(888) 247-7717
*Indicates a 24-hour hotline	

ASSISTANT PRINCIPALS

Joe Bosco - x 210

jbosco@lgsuhd.org

- *Athletics
- *Facilities
- *Student Attendance, Behavior and Discipline

Karen Hyde - x 208

khyde@lgsuhd.org

- *Clubs/Commissions
- *Health Services
- *Conflict Mediation Program
- *Special Education
- *Student Activities

Brian Safine - x 209

bsafine@lgsuhd.org

- *Alternative Education Placement
- *Curriculum
- *504 Program
- *Guidance
- *Testing Programs (AP, California High School Exit Exam, STAR)