

## Sports at Saratoga High

Fall Sports	Winter Sports	Spring Sports
Cross Country (boys and girls) Field Hockey Football Golf (girls) Tennis (girls) Volleyball (girls) Water Polo (boys and girls)	Basketball (boys and girls) Soccer (boys and girls) Wrestling	Badminton (boys and girls) Baseball Golf (boys) Lacrosse (boys and girls) Softball Swimming (boys and girls) Tennis (boys) Track and Field (boys and girls) Volleyball (boys)

	Fall Sports	Winter Sports	Spring Sports
Start of tryouts/practice	August 13	November 1	January 31
Last day of regular season	October 29 to November 14, depending on the sport	February 19	May 5 to May 21, depending on the sport
<b>Overlap with major holidays</b>	<b>Last two weeks of summer</b>	<b>Winter break (December) and "Ski Week" (February)</b>	<b>"Ski Week" (February) and Spring break (March/April)</b>