Kim Cousens, LCSW, PPSC
Kim is a Licensed Clinical Social Worker with over 20 years of experience working with youth and their families. She has spent the past 17 years working at EMQ Children and Family Services as a school-based clinician. Her experience includes working with emotionally disturbed youth, developing and implementing behavior plans, as well as assessing and initiating hospitalization for at risk youth. She also holds a PPS credential from San Jose State. Kim is at Saratoga High School on Mondays, Tuesdays and Thursdays.

Cynthia Hsu, MFTi
Cynthia is an MFT Intern with a master’s degree in holistic Counseling Psychology from John F. Kennedy University. She has more than 15 years of experience working with kids and teens of diverse backgrounds as a counselor, educator, and volunteer. Her clinical experience includes counseling bereft families through Pathways Hospice, along with teens and adults at the Process Therapy Institute. She takes an eclectic, strengths-based approach to working with clients, emphasizing the mind-body connection. Cynthia is at Saratoga High School on Tuesdays and Wednesdays.

Erica Smith, PhD, MFT
Erica is a Licensed Marriage and Family Therapist. She graduated from California Institute of Integral Studies with a degree in Counseling Psychology with an emphasis in Expressive Arts Therapy. She began her work at Living Arts Counseling Center and then expanded her training at Rape Trauma Services when she had the opportunity to work in a variety of therapeutic settings in the bay area. During this time she began to work exclusively with the adolescent population. She recently completed her doctorate in Depth Psychology with an emphasis in Psychotherapy at Pacifica Graduate Institute. Erica is at Saratoga High School Mondays through Fridays.

Jessica Wang, MFTi
Jessica is a Marriage and Family Therapist Intern, who graduated from Santa Clara University with a master’s degree in Counseling Psychology in June 2012. Jessica has worked with adolescents in a school-based setting since 2011 and is passionate about her therapeutic work with clients. Her previous experience includes assisting with a Dialectical Behavior Therapy skills group for adults with Bipolar Disorder. Jessica has been a California licensed attorney since 2004, specializing in dispute resolution and mediation, and has found those skills particularly useful in helping resolve individual and relationship conflicts. Jessica is at Saratoga High School Mondays through Fridays.