

SARATOGA FALCON ATHLETICS

Student-Athlete and Parent Handbook

Student-athletes and their parents are required to read the *Athletic Handbook*. A copy of this handbook may be downloaded from the Saratoga Athletics webpage by clicking on the link or a copy may be obtained from the SHS Main Office. This handbook outlines our policies and procedures relating to athletic competition and is a source of important information concerning the Falcon Athletic program (Refer to pages 9-10 for Code of Conduct, including Conflict Resolution procedures, and pages 11-15 for general information).

In addition to the Athletic Handbook, Saratoga High School is determined to emphasize the importance of commitment within the context of the Falcon Athletic experience.

COMMITMENT

At the beginning of tryouts, student-athletes will be required to make a firm commitment to attend all practices and matches, including post-season play. Vacations, appointments, and other obligations should be scheduled around the sport season. Players unable or unwilling to make that commitment may be removed from the team.

CONSEQUENCES

It will be up to the discretion of the Head Coach to excuse players from practice or competitions for unavoidable reasons such as illness, injury, family emergency or conflict with events or activities that are sponsored or endorsed by Saratoga High School.

Absence from practice or competition for all other reasons shall be considered unexcused, with the following consequences:

- 1st offense: the student-athlete will be withheld from competition at the next event of the season.
- 2nd offense: a conference will be held with the student-athlete, parent/guardian, coach, and Athletic Director. The student-athlete will be withheld from next event of the season and be warned of a potential failing grade if the student is receiving PE Credit.
- 3rd offense: the student-athlete will be dismissed from the team and receive a failing grade if student-athlete is taking the sport for PE credit.

I have read and understand the requirements of the Athletic Handbook and understand the commitment required to participate in interscholastic athletics at Saratoga High School.

Print Student Name _____ ID# _____

Student Signature _____ Date _____

Parent Signature _____ Date _____